

South East Cornwall
Extended Services Network



Summer Holiday Programme 5 - 16 years

Wednesday 22nd July - Friday 28th August 2009

**Places to go,
Things to do**

There are limited numbers on all activities.
All activities **MUST** be booked in advance.
Recommended booking by Friday 17th July.

All booking forms available at www.cornwall.gov.uk

Working in partnership to provide positive activities for children and young people



NEW! FAMILY Extreme Sports and Day Trips

Wed 29th Jul	Climbing & Canoeing	10.00am - 4.00pm	8yrs +	£20.00
Wed 5th Aug	Trip to Cornwall's Creaky	10.00am - 5.00pm	Any	£10.00
Wed 12th Aug	Beach Trip & Surf Lesson	10.00am - 4.00pm	8yrs +	£12.50
Wed 19th Aug	Moorland Adventure Walk	10.00am - 4.00pm	8yrs +	£15.00
Wed 26th Aug	Ski & Snowboarding	10.00am - 3.00pm	8yrs +	£23.00
Thur 27th Aug	Trip to Woodlands	9.30am - 5.00pm	Any	£10.00

These trips are open to families **ONLY** and all children must be accompanied by a responsible adult.

Special Offer: Each family will be entitled to one adult ticket completely FREE.

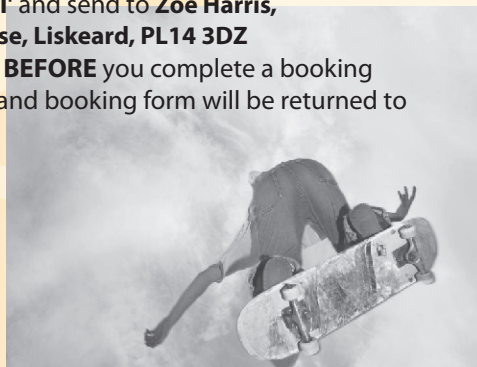
Extreme Sports Day Trips 11 - 16yrs

Tue 28th Jul	Beach Trip & Surf Lesson	10.00am - 4.00pm		£12.50
Thur 30th Jul	Splashdown @ Quay West & Beach Trip	10.00am - 4.00pm		£12.50
Tue 4th Aug	Ski & Snowboarding	10.00am - 3.00pm		£23.00
Thur 6th Aug	Climbing & Abseiling	10.00am - 4.00pm		£20.00
Tue 11th Aug	Mount Hawke Skate Park	11.00am - 4.00pm		£10.00
Thur 13th Aug	2 Day Open Water Canoeing	10.00am - 4.00pm		£40.00
& Fri 14th Aug				
Tue 18th Aug	Beach Trip & Surf Lesson	10.00am - 4.00pm		£12.50
Thur 20th Aug	Ski & Snowboarding	10.00am - 3.00pm		£23.00
Tue 25th Aug	Mountain Biking	10.00am - 4.00pm		£20.00

For more information on any of the activities above, bus pick up points and to book please ring **Zoe Harris** on **01579 341026**.

Please make cheques payable to '**Cornwall Council**' and send to **Zoe Harris, Cultural Services, Cornwall Council, Luxstowe House, Liskeard, PL14 3DZ**

Please make sure that you have booked your place **BEFORE** you complete a booking form and send payment back, otherwise payment and booking form will be returned to you.



Important Information for Parents & Carers

The Summer Holiday Programme has been put together by SE Cornwall Extended Services Network, in partnership with Cornwall Council, Leisure Centres, Schools, Youth Cornwall and Children's Centres.

Children with Special Needs

Every effort is made to ensure that activities are inclusive for all children and young people, regardless of ability.

However, if you have a child with special needs who requires further, specialist support to participate in activities, please contact Tracey in the inclusion team at Action for Children on 07884 226658.

Support may be available through personal assistants being able to provide 1:1 support for your child during an activity. Please contact the team at your earliest convenience to ensure the best possible chance of the referral process being completed in sufficient time.

Booking Activities

Please read the details under each venue for information on how to book your activities. Booking forms must be completed for all activities.

Please Note: Places are limited, so early booking is advisable. We are recommending parents to book any activities by Friday 12th July.

Payment of Activities

Payment methods will vary depending on the venue, and nature of activity.

For any activities which are paid for by cheque please check with the venue about who cheques should be made payable to. For all cheque payments you must write your full address on the back of the cheque.

Important Info: Please bring plenty to drink and a snack if attending a morning or afternoon session. Please bring a packed lunch if staying all day.

Please note that activities are subject to change. In the event of an activity being cancelled, a full refund will be given.

CALLINGTON

CALLINGTON SPORT & LEISURE **C/S/L**

Callington Community College

Mon 27th Jul	Climbing & Archery	10.00am - 2.00pm	8yrs +	£15.00
Tue 28th Jul	Kayaking	10.00am - 2.00pm	8yrs +	£15.00
Wed 29th Jul	Sports Day	10.00am - 3.00pm	8yrs +	£6.00
Thur 30th Jul	Trampolining	10.00am - 12noon	5-7yrs	£6.00
		1.00pm - 3.00pm	8-11yrs	£6.00
Fri 31st Jul	Street Surfing	10.00am - 12noon	8yrs +	£4.00
	Wii Challenge	1.00pm - 3.00pm	8yrs +	£4.00
	All Day (Both activities)	10.00am - 3.00pm	8yrs +	£10.00
	Funky Street Dance	10.00am - 12noon	5-7yrs	£6.00
		1.00pm - 3.00pm	8-11yrs	£6.00
Mon 3rd Aug	Football Coaching	10.00am - 12noon	4-7yrs	£3.00
		10.00am - 3.00pm	8-14yrs	£6.50
Tue 4th Aug	Football Coaching	10.00am - 12noon	4-7yrs	£3.00
		10.00am - 3.00pm	8-14yrs	£6.50
	Both Days	10.00am - 12noon	4-7yrs	£5.50
		10.00am - 3.00pm	8-14yrs	£12.00
Wed 5th Aug	Gymnastics	10.00am - 12noon	5-7yrs	£6.00
		1.00pm - 3.00pm	8-11yrs	£6.00
Thur 6th Aug	Going Potty (Ceramics)	10.00am - 12noon	5-11yrs	£6.00
	(Jewellery)	1.00pm - 3.00pm	5-11yrs	£6.00
	All Day	10.00am - 3.00pm	8-11yrs	£15.00
Mon 10th Aug	Scuba Diving	10.00am - 12noon	8-10yrs	£7.50
		1.00pm - 3.00pm	11-14yrs	£7.50
Tue 11th Aug	Scuba Diving	10.00am - 12noon	8-10yrs	£7.50
		1.00pm - 3.00pm	11-14yrs	£7.50
Wed 12th Aug	Soft Play Day	10.00am - 12noon	4-6yrs	£4.00
		1.00pm - 3.00pm	4-6yrs	£4.00
Thur 13th Aug	Going Potty	10.00am - 12noon	5-11yrs	£6.00
	Both Sessions (Papier Mache)	1.00pm - 3.00pm	5-11yrs	£6.00
	All Day	10.00am - 3.00pm	8-11yrs	£15.00
Mon 17th Aug	Climbing & Archery	10.00am - 2.00pm	8yrs +	£15.00
Tue 18th Aug	Kayaking	10.00am - 2.00pm	8yrs +	£15.00
Wed 19th Aug	Gymnastics	10.00am - 12noon	5-7yrs	£6.00
		1.00pm - 3.00pm	8-11yrs	£6.00
Thur 20th Aug	Trampolining	10.00am - 12noon	5-7yrs	£6.00
		1.00pm - 3.00pm	8-11yrs	£6.00

DOBWALLS

Falcon Ridge Academy of Sport

Monday 27th July - Thursday 30th July

Summer School.....Intensive Gymnastics & Dance

All 4 Days 10.00am - 3.00pm £125.00

P.G.L.D..... Parents Get Lost Days

A programmed variety of sports including Gymnastics, Trampolining, Sports Wall, Climbing, Ball Sports, Fun Circuits and Team Challenges!

Children should come suitably dressed for physical activity and bring a packed lunch with plenty of drink if staying all day. All coaches are qualified and all sessions are supervised.

Monday 3rd August - Thursday 6th August

Monday 17th August - Thursday 20th August

Monday 24th August - Thursday 27th August

P.G.L.D

Per Morning	10.00am - 12noon	5 -7yrs	£6.50
All 4 Mornings	10.00am - 12noon	5 -7yrs	£21.00
Per Day	9.30am - 4.00pm	8 -14yrs	£20.00
All 4 Days	9.30am - 4.00pm	8 -14yrs	£70.00

Monday 10th August - Thursday 13th August

Gymnastics, Tumbling & Trampolining

Per Morning	10.00am - 12noon	5 -7yrs	£6.50
All 4 Mornings	10.00am - 12noon	5 -7yrs	£21.00
Per Day	9.30am - 4.00pm	8 -14yrs	£20.00
All 4 Days	9.30am - 4.00pm	8 -14yrs	£70.00

Fridays

Soft Play/Jungle Circuits.....Parent/Toddler/Pre School

9.30am - 11.30am £6.50

For more information or to book please ring **Nathan Stanley** on **07766 263681** or **Mo Gregory** on **07717 550378**

Booking forms available from the Falcon Ridge Academy of Sport.

LOOE

Looe Sports Centre

Wed 29th Jul	Kidz Klub	10.00am - 12noon	5 -11yrs	£2.00
Thur 30th Jul	Street Surfing	10.00am - 12noon	8yrs +	£4.00
Fri 31st Jul	Multi-Sports	10.00am - 12noon	8 -11yrs	£2.00
Mon 3rd Aug	Kidz Klub	10.00am - 12noon	5 -11yrs	£2.00
Tue 4th Aug	Archery	10.00am - 12noon	8yrs +	£5.00
Wed 5th Aug	Trampolining	10.00am - 12noon	5 -7yrs	£6.00
		1.00pm - 3.00pm	8 -14yrs	£6.00
Thur 6th Aug	Football Coaching	10.00am - 12noon	5 -7yrs	£4.00
		10.00am - 3.00pm	8 -14yrs	£10.00
Fri 7th Aug	Football Coaching	10.00am - 3.00pm	8 -14yrs	£10.00
Mon 10th Aug	Extreme Mini Golf	10.00am - 12noon	8 -14yrs	£4.00
Tue 11th Aug	Kidz Klub	10.00am - 12noon	5 -11yrs	£2.00
Wed 12th Aug	Multi-Sports	10.00am - 12noon	8 -11yrs	£2.00
Thur 13th Aug	Mini Musketeers	10.00am - 12noon	7 -11yrs	£5.00
Fri 14th Aug	Tots Trampolining	10.00am - 12noon	2 -5yrs	£3.00
Mon 17th Aug	Multi-Sports	10.00am - 12noon	8 -11yrs	£2.00
Tue 18th Aug	Sir Ramics Pottery	10.00am - 3.00pm	8yrs +	£10.00
Wed 19th Aug	Kidz Klub	10.00am - 12noon	5 -11yrs	£2.00
Thur 20th Aug	Trampolining	10.00am - 12noon	5 -7yrs	£6.00
		1.00pm - 3.00pm	8 -14yrs	£6.00
Fri 21st Aug	Extreme Mini Golf	10.00am - 12noon	8 -14yrs	£4.00
Mon 24th Aug	Kidz Klub	10.00am - 12noon	5 -11yrs	£2.00
Tue 25th Aug	Mini Musketeers	10.00am - 12noon	7 -11yrs	£5.00
Wed 26th Aug	Street Surfing	10.00am - 12noon	8yrs +	£4.00
Thur 27th Aug	Archery	10.00am - 12noon	8yrs +	£5.00
Fri 28th Aug	Multi-Sports	10.00am - 12noon	8 -11yrs	£2.00

For more information or to book please ring **Stan Minnette** on **01503 264665** or **07772 250453** or email **sminnette@looe.cornwall.sch.uk**
Booking forms available from Looe Sports Centre or online at **www.looesportscentre.btik.com**

SALTASH

Pilgrim Pitch, Saltmill



Mondays	Boys Football Course	10.00am - 3.00pm	8yrs +	£10.00
	Per Day	10.00am - 3.00pm	8yrs +	£40.00
Wednesdays	Girls Football Course	10.00am - 3.00pm	8yrs +	£10.00
	Per Day	10.00am - 3.00pm	8yrs +	£40.00
Fridays	Multi-Sports Course	10.00am - 3.00pm	8yrs +	£10.00
	Per Day	10.00am - 3.00pm	8yrs +	£40.00
Tuesdays & Thursdays	Open Activity Days	12noon - 2.00pm	8yrs +	£4.00

For more information or to book please ring **Alex Haste** on **01752 848804** or **07816 841127** or email **Alex.Haste@groundwork.org.uk**
Booking forms available from the Pilgrim Pitch Pavillion.


Saltash Leisure Centre

Mon 27th Jul	Funky Street Dance	1.00pm - 3.00pm	5 -11yrs	£6.00
Fri 31st Jul	Pirate Island	10.15am - 12.15pm	8 -15yrs	£3.00
	Inflatable Swim Session			
Mon 10th Aug	Funky Street Dance	1.00pm - 3.00pm	5 -11yrs	£6.00
Fri 14th Aug	Pirate Island	10.15am - 12.15pm	8 -15yrs	£3.00
	Inflatable Swim Session			
Mon 24th Aug	Funky Street Dance	1.00pm - 3.00pm	5 -11yrs	£6.00
Fri 28th Aug	Pirate Island	10.15am - 12.15pm	8 -15yrs	£3.00
	Inflatable Swim Session			

For more information or to book please ring **Saltash Leisure Centre** on **01752 840940**.
Booking forms available from Saltash Leisure Centre.

TORPOINT

Torpoint and Rame Community Sports Centre



Mon 27th Jul	Funky Street Dance	1.00pm - 3.00pm	5 -11yrs	£6.00
Wed 29th Jul	Krazy Kidz Klub	10.00am - 12noon	5 -11yrs	£2.00
Thur 30th Jul	Trampolining & Gymnastics	10.00am - 12noon 1.00pm - 3.00pm	5 -7yrs 8yrs +	£6.00 £6.00
Mon 3rd Aug	Krazy Kidz Klub	10.00am - 12noon	5 -11yrs	£2.00
Wed 5th Aug	Arts & Crafts	10.00am - 12noon	5 -11yrs	£3.00
Thur 6th Aug	Trampolining & Gymnastics	10.00am - 12noon 1.00pm - 3.00pm	5 -7yrs 8yrs +	£6.00 £6.00
Mon 10th Aug	Mini Ashes Cricket	10.00am - 12noon	5yrs +	£1.00
Thur 13th Aug	Trampolining & Gymnastics	10.00am - 12noon 1.00pm - 3.00pm	5 -7yrs 8yrs +	£6.00 £6.00
Fri 14th Aug	Krazy Kidz Klub	10.00am - 12noon	5 -11yrs	£2.00
Tue 18th Aug	Street Surfing	10.00am - 12noon	8yrs +	£3.00
Wed 19th Aug	Street Football	10.00am - 3.00pm	11 -16yrs	£1.00
Thur 20th Aug	Trampolining & Gymnastics	10.00am - 12noon 1.00pm - 3.00pm	5 -7yrs 8yrs +	£6.00 £6.00
Mon 24th Aug	Funky Street Dance	1.00pm - 3.00pm	5 -11yrs	£6.00
Tue 25th Aug	Football Fun	10.00am - 12noon 10.00am - 3.00pm	5 -7yrs 8yrs +	£5.00 £10.00
Wed 26th Aug	Football Fun	10.00am - 12noon 10.00am - 3.00pm	5 -7yrs 8yrs +	£5.00 £10.00
	Both Days	10.00am - 12noon 10.00am - 3.00pm	5 -7yrs 8 -14yrs	£8.00 £15.00
Thur 27th Aug	Trampolining & Gymnastics	10.00am - 12noon 1.00pm - 3.00pm	5 -7yrs 8yrs +	£6.00 £6.00
Fri 28th Aug	Krazy Kidz Klub	10.00am - 12noon	5 -11yrs	£2.00

St Germans Primary School

Tue 28th Jul	Multi-Sports	10.00am - 12noon	5 -11yrs	£3.00
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Antony Primary School

Tue 4th Aug	Football Fun	10.00am - 12noon	7 -11yrs	£3.00
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Fourlanesend Primary School

Tue 11th Aug	Multi-Sports	10.00am - 12noon	5 -11yrs	£3.00
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For more information or to book please ring **Torpoint and Rame Community Sports Centre** on **01752 815172** or email **torpointcsc@plymouthymca.co.uk**

Booking forms available from Torpoint and Rame Community Sports Centre.

Torpoint Youth Project

Working together with young people to reach their potential

Torpoint Youth Club open on 21st, 23rd, 28th, 30th July & 4th August.

6.00pm - 9.00pm 50p

Millbrook Youth Club open on 20th, 27th July & 3rd August.

6.00pm - 9.00pm 50p

Thu 23rd Jul	Street & Hip Hop Dance Project Workshop	£5.00
Tue 28th Jul	Mount Edgumbe Picnic & Games	£3.00
Wed 29th Jul	Camel Trail Cycle Ride	£6.00
Thur 30th Jul	Cinema or Bowling Trip	£5.00
Tue 4th Aug	Street & Hip Hop Dance Project Workshop	£5.00
Thur 6th Aug	Newquay Surf Masters, Fisteral Beach	£5.00
Tue 11th Aug	Coach Trip to Woodlands	£10.00

Dreams Project - an initiative with Guinness Housing Trust, Youth Cornwall and the Devon & Cornwall Police. Open to all young people living in Thanckes Drive area. Please note these activities are FREE due to funding from the Guinness Trust. Young people will be involved in a community project then a trip. This project will take place on the following dates:

Wed 5th Aug	Community Project
Fri 7th Aug	Trip
Wed 12th Aug	Community Project
Fri 14th Aug	Trip

For more information on any of the activities above or to book please ring **Jayne Walker** on **07973 813505** or **Su Wafer** on **07968 892987**.

Mount Edgumbe Park, Cremyll

Summer Forest Schools - An environmental education play scheme for children between 8 - 12 years.

27th & 28th July, 15th, 23rd & 24th August

9.45am - 2.15pm £15.00

For more information or to book please ring **Carol Wride** on **01752204922** or **07929 590116** or email **wridec@yahoo.com**



Children's Centres

Please contact your local Children's Centre below to find out about what activities they have on during the Summer:

Callington Children's Centre

Callington Primary School, Callington

01579 389647

Delaware Children's Centre

Delaware CP School, Gunnislake

07973 813722

Liskeard Children's Centre

Liskerret Centre, Varley Lane Liskeard

01579 324950

Looe Children's Centre

Trewint Crescent, Looe

01503 265611

Saltash Children's Centre

Callington Road, Saltash

01752 847419

Torpoint Youth & Children's Centre

Torpoint Community College, Trevol Road

01752 816569

Livewire Music Workshops

Mon 27th Jul

Livewire, Saltash

10.00am - 12.30pm	8-11yrs	£7.50
1.00pm - 3.30pm	12yrs +	£7.50

Mon 3rd Aug

Torpoint Community College

10.00am - 12.30pm	8-11yrs	£7.50
1.00pm - 3.30pm	12yrs +	£7.50

Mon 10th Aug

Dobwalls Memorial Hall

10.00am - 12.30pm	8-11yrs	£7.50
1.00pm - 3.30pm	12yrs +	£7.50

Mon 17th Aug

Looe Sports Hall

10.00am - 12.30pm	8-11yrs	£7.50
1.00pm - 3.30pm	12yrs +	£7.50

Mon 24th Aug

Callington Community College

10.00am - 12.30pm	8-11yrs	£7.50
1.00pm - 3.30pm	12yrs +	£7.50

For more information or to book please ring **Andy Rance** on **01752 843570** or email **andy@livewireyouth.com**



SE Cornwall Extended Services Network Is a multi-agency network, working together to improve outcomes for children, young people and families.

The network coordinator for South East Cornwall is **Lisa Thomas**.
If you have questions about the work of the network, please ring **Lisa** on **01579 342344** ext **159** or email **lthomas1@cornwall.gov.uk**

Your feedback is welcomed, and helps us to ensure that we and our partners are working collectively to provide high quality services for children and young people.

Please give us your comments, whether positive or constructive by email **lthomas1@cornwall.gov.uk** or ring **01579 342344** ext **159**, or write to **Lisa Thomas, Extended Services Coordinator, C/o Liskeard School and Community College, Luxstowe, Liskeard, PL14 3EA**

Please Note: Whilst the Extended Services Network works in partnership with the organisations detailed in this booklet to provide positive activities for children and young people, it is the responsibility of each activity provider to ensure that all necessary health and safety requirements, along with safeguarding children procedures are fully met. If you would like further information, please contact the individual activity provider.

We want to ensure that your needs are met. If you would like this information in another format or language please contact **Heather Walton** from the **Extended Services Team** on **01579 324950**, and we will endeavour to meet your requirements.



This booklet has been co-ordinated, funded and distributed through the SE Cornwall Extended Services Network in partnership with Cornwall Council.

